

Restarting and Energizing PFACs – Easy to Implement How-To Lists

Meeting Facilitation

- 1. Meeting Facilitation the conscious act of guiding the meeting process so that it stays on course, to make sure everyone participates, and to reach the agreed-upon meeting goals.
- 2. Do pre-work
 - a. Set meeting goals
 - b. Outline an agenda see https://www.patientsafety.org/wp-content/uploads/2021/10/PFAC-Agenda-How-To-List.pdf
- 3. Maximize your platform
 - a. If in person, allow time to get food and begin to eat
 - b. For virtual meetings, see https://www.patientsafety.org/wp-content/uploads/2021/09/Meeting-Remotely-How-To-List-1.pdf
- 4. Follow the agenda keep the meeting on track
 - i. Identify meeting de-railers
 - ii. Provide them with options for discussing their thoughts in another venue
- 5. Frame the discussion
 - a. Be aware of difficult topics
 - b. Frame the discussion by giving attendees guidelines for appropriate comments
 - c. Redirect those who step out of the frame give them another time or venue to hear their thoughts (i.e., email, later meeting, phone call)
- 6. Assess your attendees
 - a. Watch body language (including on virtual platforms)
 - b. Know your attendees' strengths and weaknesses so you know who to call on
 - c. Identify emotions in the room
- 7. Invite participation
 - a. Invite attendees to comment ask for raised hands (including on virtual platforms)
 - b. Call on non-participants to comment so everyone's input is included
 - c. Ask commenters from virtual meeting chats to expand on their comments verbally
 - d. Listen actively to comments, restate comments to show you've heard them
- 8. Validate participants See https://www.wikihow.com/Validate-Someone%27s-Feelings for more information about how to validate persons in a discussion.
- 9. Maintain your neutrality
 - a. Keep the tone positive
 - b. Be neutral in reaction to differing ideas (you may acknowledge you have an opinion)
 - c. Encourage diverse ideas
- 10. Deal with detractors redirect, reframe, remove, ignore.
- 11. In the end summarize the discussion, review assignments, set a follow-up meeting.

Watch the Meeting Facilitation webinar on the CAPS YouTube Channel: <u>found here.</u> Contact: <u>Lisa.Morrise@gmail.com</u> or <u>Olivia.Lounsbury@patientsafetymovement.org</u>